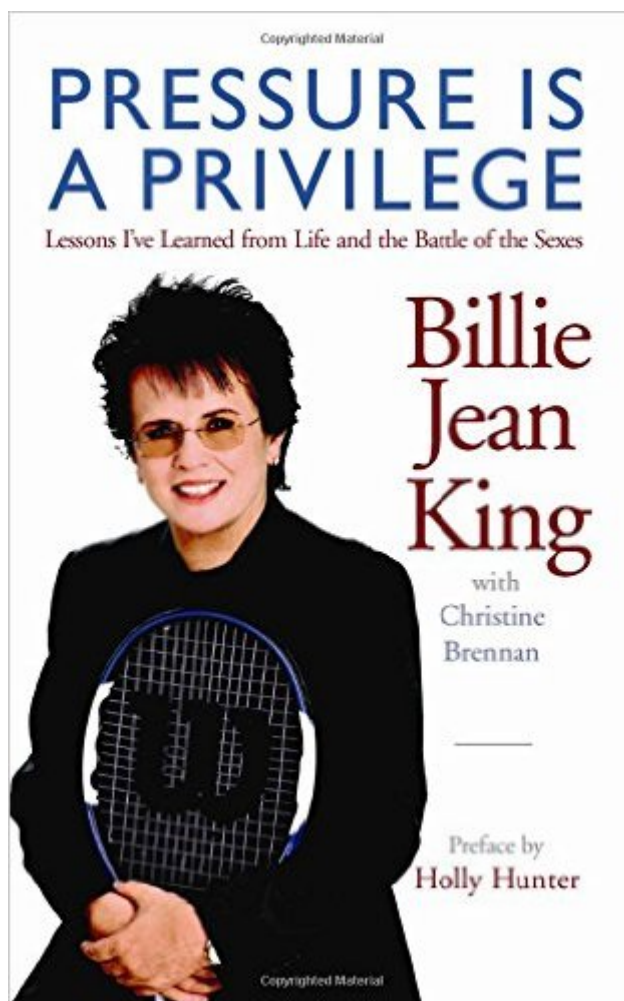


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# Pressure Is A Privilege: Lessons I've Learned From Life And The Battle Of The Sexes (Billie Jean King Library)



## Synopsis

Billie Jean King's victory over Bobby Riggs in the "Battle of the Sexes" was a pivotal moment in gender relations for generations of American women and men. But her journey to the "Battle of the Sexes" was no accident. Now, for the first time ever, Billie Jean shares the life lessons that led to her success in that match, in sports, and in the world at large. Published in conjunction with the 35th anniversary of this monumental event, *Pressure is a Privilege* uses the Billie Jean King / Bobby Riggs match to illustrate what she learned in her early life that brought her to that event and the lessons that she learned from it. Packed with the common-sense lessons by which Billie Jean has lived her remarkable life, as well as words of wisdom and inspirational advice for how you can use these lessons, *Pressure is a Privilege* is an invaluable tool for any person in any profession who wants to achieve a richer, more fulfilling life.

## Book Information

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## Customer Reviews

*Pressure is a Privilege: Lessons I've Learned from Life and the Battle of the Sexes* is a combination autobiography/inspirational tome. Ms. King focuses on her historic tennis match with Bobby Riggs in 1973, the Battle of the Sexes, and shares the lessons she learned from this and other important points in her life. Ms. King writes in a straightforward down-to-earth style, sharing her feelings and experiences that made her the number one female tennis player in the world, activist, successful businesswoman and mentor that she is. The book is divided into lessons ranging from relationships to leaving a legacy. In each lesson she shares insight into her family, her coaches, and especially,

preparing for her match with Bobby Riggs which opened the door for equal treatment of women in sport. Each chapter ends with an "instant replay" of the important points of the lesson. If you're looking for an in-depth autobiography of Billie Jean King, this isn't the book for you. While she talks about her life, tennis, her family, and her sexuality, she doesn't delve deeply. It's more like how Maria Sharapova describes it on the back of the book: a "personal conversation" where Ms. King shares some of what she's learned in her groundbreaking life. A positive, enthusiastic book perfect for a light summer read. I wish my outlook on life was this good.

you already know these items in your heart, Billie just says it in a way you understand. thanks for being the role model to so many of us. after reading this book, just "play it forward" and dream your dreams....

I had the privilege of meeting Ms. King this summer. She is truly wonderful and an inspiration to everyone--women and men. This book contains a lot of good stories about Billie's career along with good, common-sense advice. It's a great read and would make a great gift.

Boy, does this book show how much Billie has evolved over the years. She is now so sage in her wisdom and advice and so all encompassing and patient and understanding...Her words will really resonate with anyone who has a confidence problem and needs a "Pep Talk". I highly recommend this book for that reason and so many more.

I met Billie Jean King last week after attending a talk she was giving. I bought her book & she kindly personalized it for me. I was struck by how patient & kind she was even though there was a two hour long line of people waiting to meet her. I really enjoyed her book, but more than that - it was just the catalyst I needed to start down the road of improving my life in several ways. In *Pressure Is A Privilege*, Billie Jean King relates her experiences surrounding The Battle Of The Sexes match with Bobby Riggs, and in doing so she communicates her life principles. At the end of each chapter is an "instant replay" which is a take-away list that can be used as a quick reference guide. My take-away is this - I'm back at the gym, I'm a better manager, a better human, and I have renewed focus, motivation & direction that I was lacking before. Billie Jean truly pays it forward, she wants every generation to pay it forward to the next. Thank you Billie Jean for all you have done for sports, for women & for humanity. You're my SHEro. *Pressure is a Privilege: Lessons I've Learned from Life and the Battle of the Sexes* (Billie Jean King Library)

Good, inspirational book from my idol, Billie Jean, a feminist and pioneer for women's sports. Her life not easy, she offers us "reframes" for life's "curve balls" and offers us a different "serve."The greatest!Thank you, Billy Jean!

Billie Jean King is one of my heroes. She is from my generation, and as an amateur tennis player, she is "the greatest" to me.This is an advice book, full of ideas useful on and off the court. There is no greater advocate of women's sports and tennis in general than this lady.The book relates the impact of her famous match against Bobby Riggs, her preparation for the match and realization of what it meant to all women. How proud we all were when she "beat the socks off of him."While she has achieved equal pay for women at the major tournaments, she herself played the best of five sets against Riggs, something women still do not do in pro tennis. Some critics say that women should play the longer matches to earn equal pay.Regardless of one's opinions about tennis tournaments, this is an excellent compendium of advice for facing all sorts of challenges in life. Those who excel at something certainly earn the higher level pressures they face, hence pressure is indeed a privilege.It is a small, short book, well worth the time to read and expenditure of the low price.

As always, Billie Jean King provides insightful penetrating comments that really resonate with your soul. I really enjoyed learning about her upbringing and what made her become such a high-achiever.

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